# Regular Activities in Llangrove Village

## Art Class

Mondays: 10am-1pm - Llangrove Village Hall

Suitable for all levels from beginners to advanced.

* A structured course with guidance through each step, demonstrations of techniques and individual help.
* Various styles covered.
* Option to work on your own favourite subject - with individual tuition and guidance.
* A small and friendly group with places limited to 12 to ensure individual attention.

Do come and join us!

Please contact Brian for more details, 01989 769 747 or [brian@griffiths1.plus.com](mailto:brian@griffiths1.plus.com)

## Village Singers

The Village Singers meet every Monday during term-time

Come SING with us and feel the benefits! We invite voices old and new.

• Varied repertoire

• Accomplished Musical Director

• Excellent accompanist

• We have fun and it sets us up for the week

• You don’t have to read music!

Try out (for FREE!), Llangrove Village Hall every Monday 7.30-9.30pm, term time.

We sing, have a cup of tea, and a chat, sing a bit more and go home happy!

Everyone is welcome, whether you believe you can sing or not. Our singers are from around the village, Monmouthshire, and the Ross-on-Wye area, so wherever you live - come and join us.

If you would like to know more, contact Tania Lodge on 01989 770 843 or email: [ptlodge@btopenworld.com](mailto:ptlodge@btopenworld.com)

## Beavers, Cubs and Scouts

1st Whitchurch & Llangrove Scout Group meet on a Tuesday evening.

For further information and times for each group please contact Ros Hatherill, Group Scout Leader, on 07835 303 415 or [ros.hatherill@icloud.com](mailto:ros.hatherill@icloud.com)

## Coffee Morning

Coffee Mornings are held on the second Wednesday of the month at the Village Hall, 10.30am - 12pm.

## Craft ‘n’ Chat

Everyone is welcome to join Craft 'n' Chat group who meet in Llangrove Village Hall every fortnight on Wednesday afternoons 1pm - 4pm.

Aim of group is to provide space for people to meet, chat, exchange ideas and work on any craft projects of their choice, all abilities, and projects welcome.

Costs: Contributions requested towards refreshments and hall hire.

For more information contact: Fiona Williams, [Fiona.project42@btinternet.com](mailto:Fiona.project42@btinternet.com), Mobile: 07951 485 676

## Llangrove & District Gardening Society

Llangrove & District Gardening Society meet in the hall on the 1st Thursday of the month. Talks are organised on various topics.

Talks start at 7.30pm in Llangrove Village Hall. Admission for visitors is just £4 including refreshments. No need to book!

For more information call our Chair, Carolyn on 07832 988 247

## Rainbows and Brownies

Rainbows and Brownies meet every Wednesday in term time at Llangrove Village Hall.

For further information please contact Wendy Price on 01989 770 450

## Yoga

Yoga classes meet at the Hall on Thursday 9.15 - 10.15. Classes cost £10 per class or pay in advance for all 11 classes at £75.

Please contact Alison Glinn, [alisonglinnyoga@gmail.com](mailto:alisonglinnyoga@gmail.com) or 07929-589 327 to book or for further details.

## The Royal Arms Quiz

Fortnightly on Thursdays: 8.30pm

Contact: Claire or Peter Nottage 01989 770 267

## Walking Group

The village walking group meet on the 1st & 3rd Thursday of the month outside the Llangrove Village Hall Bus Stop at 9.30am and then undertake a walk of one of the many walks around the village. The walks is determined on the day by the group.

Also meeting on the fourth Monday of the month at 2pm, well behaved dogs welcome but be prepared to walk the local paths and their styles.

Contact Clare Whittaker llangrovewalkinggroup@gmail.com

## Women's Institute

The Women’s Institute (WI) meet on the 3rd Thursday of the month in Llangrove Village Hall.

If you would like more information, then please feel free to contact a member of our committee; Fiona Williams - 01989 770 252; Kate Robertson - 07944 583 585; or Penny Lowe - 07803 116 714.

## Talk Community / Warm Welcome

Come have a cup of Coffee or Tea, some lunch, or just a chat. Fridays in Llangrove Village Hall. For further information please contact Wendy Price on 01989 770 450

## Table Tennis

Table Tennis meet Fridays 7-9 pm every week in Llangrove Village Hall

Please contact Chris Wall for more details [chrisjwall@msn.com](mailto:chrisjwall@msn.com)

## Repair Café

Archenfield Repair Café meet on the second Saturday of the month 2pm – 4.30pm. See their Facebook page for more details [Archenfield Repair Cafe | Facebook](https://www.facebook.com/groups/1706873959793154)

## Tretawdy Farm Nature Reserve Volunteers

Herefordshire Wildlife Trust manages over 50 nature reserves across the county. Our volunteers are an invaluable asset, assisting us in carrying out many conservation tasks on our reserves, maintaining them as valuable sites for wildlife.

The Tretawdy Farm Nature Reserve Group meet on the first Wednesday and the first Saturday of the month to undertake varied tasks, so for a fun and interesting day in the beautiful countryside, come along and join the team.

If you would like to become a volunteer or just want more information, then please contact Nigel or Lesley Winters [winters.lesley@gmail.com](mailto:winters.lesley@gmail.com) or call 07955 393 439

## Ballet Classes

Monnow Ballet School is a small ballet school specialising in quality ballet tuition for children aged 3+ years and adults of all abilities.

Dancing is a delight for everyone, whatever our age, and ballet offers so many benefits. It improves posture (essential for health and fitness), develops spatial awareness, promotes social confidence and creativity, and gives dancers a magical connection with and understanding of the music we move to.

Monnow Ballet School is run by Nina Salmon, a registered teacher of The Royal Academy of Dance.

Please contact Nina Salmon, 07974 117 701 - [ninasalmon@hotmail.com](mailto:ninasalmon@hotmail.com), [www.monnowballet.co.uk](http://www.monnowballet.co.uk)

## Royal Arms Reading Group

The reading group meets monthly in the Royal Arms. Please contact Denise Morehead at [dmorehead@hotmail.co.uk](mailto:dmorehead@hotmail.co.uk) or 01989 770 652

## Llangrove Community Productions

Llangrove Community Productions puts on an annual pantomime. Please contact Mike Green if you are interested in getting involved in any way. 07876 418 995